

Cardiac Rehabilitation

The time to go home has finally arrived! However, this is only the beginning of your recovery and you have been recommended to begin Cardiac Rehabilitation. Here is what you need to know!

WHO goes to cardiac rehabilitation?

Anyone who has recently experienced any heart related medical condition. This includes having a heart attack, symptoms of heart failure, or recent surgery.

WHAT does that mean?

That's right, cardiac rehab involves exercise and activity! Cardiac rehab centers are clinics you can go to for about an hour to exercise and challenge your cardiovascular system. Each facility is different, but they will likely have exercise equipment such as bicycles, arm bicycles, treadmills, an elliptical, and a NuStep. All of these will get your heart pumping and your body moving! There will be other people like yourself recovering from heart conditions that want to live healthier lifestyles and understand the process you are going through. Depending on the facility, there may even be group exercise classes so everybody can participate and have fun together!

WHEN should I begin?

You should begin rehab as soon as your doctor tells you to. Listen to your medical team and follow their instructions for how long you should be in cardiac rehab and when you can continue your exercise program on your own.

WHY should I go to cardiac rehab and not just a gym?

Cardiac Rehab is unique because you are monitored to be sure you are safe. Furthermore, a licensed medical team will work with you one on one and create an individual, specialized program just for you! These professionals are trained to analyze how the body moves and how to maximize your daily function. Their job is to monitor your heart as you exercise and make you feel safe as you challenge yourself!

WHERE will I go?

That's what this packet is for! See attached lists for the facilities available near you! Choose one that is easy for you to access and is supported by your insurance! You can also find this information and more on the web at <http://cardiorehab.weebly.com>

So GET UP, GET OUT, AND GET MOVING!

Visit <http://cardiorehab.weebly.com> for more information



**CARDIAC & PULMONARY REHABILITATION
NORTH CAROLINA**

Ashe Memorial Hospital Mountain Hearts

220 Hospital Drive
Jefferson, NC 28640
Phone: (336) 846-0744

**Albemarle Hospital Cardiopulmonary
Rehabilitation Program**

1144 North Road Street
Elizabeth City, NC 27906-1587
Phone: (252) 331-4450
<http://www.albemarlehealth.org/services/cardiology-heart/cardiopulmonary-rehabilitation/>

**Angel Medical Center Cardiopulmonary
Rehab. Program**

PO Box 1209
120 Riverview Street
Franklin, NC 28734
Phone: (828) 369-4232
<http://www.angelmed.org/amc-services/cardiopulmonary-rehab>

Annie Penn Hospital CRP

618 S. Main Street
Reidsville, NC 27320
Phone: (336) 951-4837
<http://www.conehealth.com/services/cardiopulmonary-rehabilitation/>

**Appalachian Cardiopulmonary
Rehabilitation Program**

232 Boone Heights Drive
Boone, NC 28607
Phone: (828) 268-9054
<https://apprhs.org/cardiopulmonary/cardiopulmonaryrehab>

**Betsy Johnson Regional Hospital Cardiac
Rehab. Program**

800 Tilghman Drive
Dunn, NC 28335
Phone: (910) 892-1000 ext. 4609
<http://www.wakemed.org/landing.cfm?id=360>

Brunswick Community Hospital CRP

10 Doctor's Circle
Supply, NC 28462
Phone: (919) 721-3150

**Carolina Medical Center- Pineville Cardiac
Rehab**

10650 Park Road Suite 480
Charlotte, NC 28210
Phone: (704) 667-6010
<http://www.carolinashhealthcare.org/cmc-pineville-pulmonary-rehabilitation>

**Cannon Memorial Hospital
Cardiopulmonary Rehabilitation Program**

434 Hospital Drive
Linville, NC 28646
Phone: (828) 737-7069
<https://www.apprhs.org/services/cardiopulmonary/cardiopulmonary-rehab>

**Cape Fear Valley Health System Cardiac
Rehabilitation**

1638 Owen Drive
Fayetteville, NC 28304
Phone: (910) 615-6580
<http://www.capefearvalley.com/heart/cardiopulmonary-rehab.html>

**Cape Fear Valley- Bladen Cardiac
Rehabilitation**

501 South Poplar Drive
Elizabethtown, NC 28337
Phone: (910) 862-5179
<http://www.capefearvalley.com/bladen/rehab.html>

**Cardiac Rehab Program of the Coastal
Heart Center**

2131 South 17th Street
Wilmington, NC 28401
Phone: (910) 343-7127
<http://www.nhrmc.org/body.cfm?id=368>

Visit <http://cardiorehab.weebly.com> for more information

**Cardiopulmonary Rehabilitation Program-
Columbus Regional Healthcare System**

500 Jefferson Street
Whiteville, NC 28472
Phone: (910) 642-9654
<https://www.crhealthcare.org>

**Cardiac Rehabilitation of Morehead
Memorial Hospital**

117 East Kings Highway
Eden NC 27288
Phone: (336) 627-0513
<https://www.morehead.org/Portal/Main.aspx?tid=247&mtid=1#cardiacRehab>

**Cardiac and Pulmonary Rehabilitation of
Rutherford Hospital**

288 S. Ridgecrest Street
Rutherfordton, NC 28139
Phone: (828) 286-5053
<http://www.rutherfordhosp.org/body.cfm?id=395>

**Cardiovascular & Pulmonary Rehabilitation-
University Health Systems/Pitt County
Memorial**

*PO Box 6028
Greenville, NC 27835
Phone: (252) 847- 5736*

**CarolinaEast Cardiac Rehabilitation
Program**

PO Box 12157
New Bern, NC 28561
Phone: (252) 633-8613
<http://www.carolinaeasthealth.com/Services/CarolinaEast-Heart-Care/Default.aspx>

**Carolinas Medical Center- Union Cardiac
Rehabilitation**

Union Medical Center
1423 E. Franklin Street, Suite C
Monroe, NC 28112
Phone: (704) 226-2096 or (704) 226-2097
<http://www.carolinashealthcare.org/cmcc-union-cardiovascular-center>

**Carolinas Medical Center Cardiac Rehab
Program**

Medical Plaza Building II
4525 Cameron Valley Parkway, Suite 2200
Charlotte, NC 28211
Phone: (704) 512-2401
<http://www.carolinashealthcare.org/sanger-cardiac-rehabilitation>

Carolinas Medical Center- Pineville

Medical Office Building
10659 Park Road, Suite 480
Charlotte, NC 28210
Phone: (704) 667-3840
<http://www.carolinashealthcare.org/sanger-cardiac-rehabilitation>

Caromont Health Cardiac Rehabilitation

2525 Court Drive
Gastonia, NC 28054
Phone: (704) 671-7930
<http://www.caromonthhealth.org/services/heart-vascular-services/cardiac-rehabilitation/>

**Carteret General Hospital Outpatient
Cardiac Rehabilitation**

3500 Arendell Street
Morehead City, NC 28557
Phone: (252) 808-6616
http://carteretgeneral.com/services/cardiac_rehab/

Catawba Valley Medical Center CRP

810 Fairgrove Church Road, SE
Hickory, NC 28602
Phone: (828) 326-3680 or (828) 326-2131
<https://catawbavalleymedical.org/cardiopulmonary-rehabilitation/>

Chatham Hospital Cardiac Rehabilitation

475 Progress Blvd.
Siler City, NC 27344
Phone: (919) 799-4650
<http://www.chathamhospital.org/service/cardiac.shtml>

Cleveland Regional Medical Center Cardiac Rehab Program

201 East Grover Street
Shelby, NC 28150
Phone: (980) 487-3697
<http://www.clevelandregional.org/services/heart/>

Davis Regional Medical Center Cardiac Rehabilitation

218 Old Mocksville Road
Statesville, NC 28687
Phone: (704) 838-7620
<http://www.davisregional.com/medical-services/heart-and-vascular-rehabilitation>

Dosher Memorial Hospital

924 N. Howe Street
Southport, NC 28461
Phone: (910) 457-3871
http://www.dosher.org/getpage.php?name=cardiac_rehab

Duke Cardiopulmonary Rehabilitation

1821 Hillandale Road
Durham, NC 27705
Phone: (919) 660-6724
<http://www.dukehealth.org/locations/duke-cardiopulmonary-rehabilitation-at-croasdaile>

Duke Health Raleigh Hospital Cardiac Rehab & Wellness

3301 Executive Drive
Raleigh, NC 27609
Phone: (919) 954- 3174
<http://www.dukeraleighhospital.org/healthservices/wellness-services/programs/cardiac-rehabilitation>

FirstHealth of the Carolinas-Cardiac Rehabilitation (Pinehurst)

170 Memorial Drive
Pinehurst, NC 28374
Phone: (910) 715-1886
<http://www.firsthealth.org/Specialties%20&%20Services/Cardiac%20Rehab/>

FirstHealth of the Carolinas Cardiac Rehabilitation (Richmond)

120 Richmond Drive
Rockingham, NC 28372
Phone: (910) 410-9542
<http://www.firsthealth.org/Specialties%20&%20Services/Cardiac%20Rehab/>

Forsyth Medical Center- Cardiac Rehab

3333 Silas Creek Parkway
Winston-Salem, NC 27103
Phone: (336) 718-5748
<http://www.novanhealth.org/forsyth-medical-center/services/rehabilitation.aspx>

Frye Cardiopulmonary Rehabilitation Program

420 North Center Street
Hickory, NC 28601
Phone: (828) 315-3563
<http://www.fryemedctr.com/en-us/ourservices/medicalservices/cardiologyservice/pages/surgicalprocedures.aspx>

HealthQuest Johnston Memorial Hospital Cardiopulmonary Rehab Program

Johnston Medical Mall
514 North Bright Leaf Blvd.
Smithfield, NC 27577
Phone: (919) 938-7127 or (919) 938-7581
<https://www.johnstonhealth.org/patient/cpr.html>

HealthSteps- East Carolina Health- Chowan

PO Box 629
Edenton, NC 27932
Phone: (252) 482-8451

HealthTracks- Highlands-Cashiers Hospital

190 Hospital Drive
Highlands, NC 28741
Phone: (828) 526-1469
http://www.highlandscashiershospital.org/inside/wellness_programs/cardiac_rehab.htm

Healthy Living Cardiac Rehabilitation-Onslow Memorial Hospital

PO Box 1358
Jacksonville, NC 28541
Phone: (910) 577-2943
<http://www.onslow.org/services/cardiology-cardiac-rehab>

**Heart Care Cardiac Rehabilitation Program-
Rowan Regional Medical Center**

612 Mocksville Ave.

Salisbury, NC 28144

Phone: (704) 210-5412

<http://www.novanhealth.org/rowan-medical-center/services/rehabilitation.aspx>

**Heart Path Cardiac Rehabilitation Program-
Mission Hospital**

509 Biltmore Ave.

Asheville, NC 28801

Phone: (828) 213-7000

<http://heart.mission-health.org/heart-programs/heart-path-rehabilitation>

Heart Path at Blue Ridge Regional Hospital

125 Hospital Drive

Spruce Pine, NC 28777

Phone: (828) 766-1590

<http://www.blueridgehospital.org/medical-specialties-services/hospital-services/heart-services>

**HeartTrack Cardiac Rehabilitation Program-
Alamance Regional Medical Center**

1240 Huffman Mill Road

Burlington, NC 27215

Phone: (336) 538-8470

<http://www.armc.com/armc-main/services/heart-and-vascular/cardiac-rehabilitation/>

Heart Wise- Maria Parham Medical Center

566 Ruin Creek Road

Henderson, NC 27536

Phone: (252) 436-1570

http://www.mariaparham.com/services/cardiac_rehabilitation/heart_wise.aspx

HeartLife

212 Thompson Street

Hendersonville, NC 28792

Phone: (828) 698-4694

**HeartStrides Cardiac Rehabilitation
Program**

High Point, NC 27261

Phone: (336) 878-6914

http://www.highpointregional.com/our_services/the_fitness_center_at_high_point_regional/heart_strides_cardiac_rehabilitation.aspx

**Hugh Chatham Memorial Hospital Cardiac
Rehab Program**

Elkin, NC 28621

Phone: (336) 527-7523

<http://www.hughchatham.org/services-rehabilitation-cardiac.aspx>

**Iredell Memorial Hospital Cardiac
Rehabilitation Program**

739 Hartness Road

Statesville, NC 28687

Phone: (704) 878-4558

<http://www.iredellmemorial.org/Main/CardiacRehab2.aspx>

**Lenoir Memorial Hospital Cardiac
Rehabilitation Program**

Kinston, NC 28503

Phone: (252) 522-7009

http://lenoirmemorial.org/index.php/minges_welness_center/cardiac_rehab/

Lexington Memorial Hospital

250 Hospital Drive

Lexington, NC 28503

Phone: (336) 238-4291

<http://lexington.wakehealth.edu/Cardiac-Rehabilitation.htm>

Lifespan Cardiac Rehabilitation

75 Leroy George Drive

Clyde, NC 28721

Phone: (828) 456-8060

**Making Tracks Cardiac Rehabilitation
Program**

615 Ridge Road

Roxboro, NC 27573

Phone: (336) 503-5723

<http://www.personhospital.com/services/rehabilitation.aspx>

Visit <http://cardiorehab.weebly.com> for more information

Moses Cone Cardiac Rehabilitation Program

1200 N. Elm Street
Greensboro, NC 27401
Phone: (336) 832-7700
<http://www.conehealth.com/services/cardiac-pulmonary-rehabilitation/>

Murphy Medical Center Cardiac and Pulmonary Rehab

3990 East US Hwy 64 Alt
Murphy, NC 28906
Phone: (828) 835-7615
https://www.murphyhospital.org/services/cardiac_rehabilitation.aspx

Nash Hospitals, Inc.

1051 Noell Lane
Rocky Mount, NC 27804
Phone: (252) 962-3468
[Cardiac Rehab PDF](#)

Novant Health Wellness Center at Matthews

1500 Matthews Township Parkway
Matthews, NC 28105
Phone: (704) 316-3990
<http://www.novanthealth.org/matthews-medical-center/services/heart--vascular.aspx>

Park Ridge Health

100 Hospital Drive
Hendersonville, NC 28792
Phone: (828) 681-2713
<http://www.parkridgehealth.org/cardiology/services/rehabilitation>

Presbyterian Hospital Cardiopulmonary Rehab

125 Baldwin Ave.
Charlotte, NC 28204
Phone: (704) 384-2273 or (704) 316-3709
<http://www.novanthealth.org/presbyterian-medical-center/services/rehabilitation.aspx>

Randolph Hospital Cardiopulmonary Rehabilitation

364 White Oak Street
Asheboro, NC 27203
Phone: (336) 633-7752
http://www.randolphhospital.org/svc_cardiac_rehab.htm

Rex Cardiac Rehabilitation

4420 Lake Boone Trail
Raleigh, NC 27607
Phone: (919) 784-3756
<http://www.rexhealth.com/cardiac-rehabilitation>

Rex Cardiac Rehabilitation

1515 S.W. Cary Parkway
Cary, NC 27511
Phone: (919) 387-0080
<http://www.rexhealth.com/cardiac-rehabilitation>

Sampson Regional Medical Center Cardiac Rehabilitation

417 Vance Street
Clinton, NC 28328
Phone: (910) 596-4248
http://www.sampsonrmc.org/services/cardiac_rehab.aspx

Scotland Memorial Hospital Cardiac Rehabilitation Program

500 Lauchwood Drive
Laurinburg, NC 28352
Phone: (910) 291-7409
http://www.scotlandhealth.org/getpage.php?name=cardio_rehab

Southeastern Cardiopulmonary Rehabilitation

4895 Fayetteville Road
Lumberton, NC 28358
Phone: (910) 738-5403
<http://www.srmc.org/main/rehabhome.html>

Stanly Regional Medical Center Cardiac Rehabilitation Program

301 Yadkin Street
Albemarle, NC 28001
Phone: (704) 984-4586
<https://www.stanly.org/services/cardiac-pulmonary-rehabilitation.aspx>

The McDowell Hospital Cardiac Rehabilitation Program

PO Box 730
Marion, NC 28752
Phone: (828) 659-5401
<http://www.mcdowellhospital.org/our-services/cardiac-rehabilitation>

Visit <http://cardiorehab.weebly.com> for more information

Thomasville Medical Center Cardiac Rehabilitation

207 Old Lexington Road
Thomasville, NC 27360
Phone: (336) 476-2539
<http://www.novanhealth.org/thomasville-medical-center/services/rehabilitation.aspx>

Transylvania Regional Hospital Cardiac Rehab

PO Box 1116
Brevard, NC 28712
Phone: (828) 883-5322
<http://www.trhospital.org/services/rehabilitation-services>

UNC Hospitals Cardiac Rehabilitation

100 Sprunt Street
Chapel Hill, NC 27517
Phone: (919) 843-2158
<http://uncwellness.com/services/cardiocrehab/>

Valdese General Hospital Heart to Heart Cardiac Rehab Program

PO Box 700
Valdese, NC 28690
Phone: (828) 879-7528

Vidant Edgecombe Hospital

111 Hospital Drive
Tarboro, NC 27886
Phone: (252) 641-7700
<https://www.vidanthealth.com/edgecombe/servicesdetail.aspx?id=13234>

Wake Forest University Baptist Medical Center

Medical Center Blvd.
Winston-Salem, NC 27157
Phone: (336) 713-8855

<http://www.wakehealth.edu/Health-Central/MCN/Cardiac-Rehab.htm>

WakeMed Cardiac Rehabilitation Program

3000 New Bern Ave.
Raleigh, NC 27610
Phone: (919) 350-8602
<http://www.wakemed.org/landing.cfm?id=360>

WakeMed Cary Hospital Cardiac Rehabilitation Program

1900 Kildaire Farm Road
Cary, NC 27518
Phone: (919) 350-1875
<https://www.wakemed.org/landing.cfm?id=1235>

Wayne Memorial Hospital, Inc. Cardiac Rehabilitation

PO Box 8001
Goldsboro, NC 27533
Phone: (919) 731-6304
<http://www.waynehealth.org/our-services/departments-and-services/cardiopulmonary/>

WestCare Cardiac Rehabilitation Program

68 Hospital Road
Sylva, NC 28779
Phone: (828) 586-7645

Wilson Medical Center Cardiopulmonary Rehabilitation

1705 Tarboro Street, SW
Wilson, NC 27893
Phone: (252) 399-8448
<http://www.wilmed.org/cardio.asp>

SOUTH CAROLINA

Aiken Cardiac Rehabilitation Program

471 University Parkway

Aiken, SC 29801

Phone: (803) 641-3667

<http://web.usca.edu/dotAsset/c7be75b1-f614-4f3d-a781-df1dc12b1849.pdf>

AnMed Health (AnMed Health Pulmonary Rehabilitation)

2000 East Greenville St Suite 3900

Anderson, SC 29621

Phone: (864) 512-6626

<http://www.anmedhealth.org/services/additional-services/pulmonary-and-sleep-medicine/pulmonary-rehabilitation.aspx>

Beaufort Memorial Hospital (Lifefit Cardiac and Pulmonary Rehabilitation Program)

989 Ribaut Rd

Beaufort, SC 29907.

Phone: (843) 522-7639

<https://www.bmhsc.org/Services/Physical-Therapy-Rehabilitation-Services/Cardiac-Rehabilitation/Default.aspx>

Bon Secours St Francis Health System (HealThy Self Cardiac Rehabilitation Program)

1 St Francis Dr

Greenville, SC

Phone: (864) 400-3657

<http://stfrancishealth.org/our-services-heart-care-cardiac-rehabilitation.html>

Carolinas Hospital System (Cardiac Rehab)

PO box 100550

Florence, SC 29501-0550

Phone: (843) 674-2244

<http://www.carolinashospital.com/carolinashospital-system/services/carolinashospital-system-cardiopulmonary-rehabili-125.aspx>

Carolinas Hospital System (Pulmonary Rehabilitation Program)

805 Paplico Hwy, Medical Mall B, Ste 1

Florence, SC 29505

Phone: (843) 674-2244

<http://www.carolinashospital.com/carolinashospital-system/services/carolinashospital-system-cardiopulmonary-rehabili-125.aspx>

Carolina Pines Regional Medical Center Cardiac Rehab

1304 W. Bobo Newsom Hwy.

Hartsville, SC 29550

Phone: (843) 339-2100

<http://www.cprmc.com/medical-services/heart-and-vascular-rehabilitation>

Chesterfield General Hospital Cardiac Rehab

711 Chesterfield Hwy

Cheraw, SC 29520

Phone: (843) 230-3378

<http://www.chesterfieldgeneral.com/chesterfield-general-hospital/services/chesterfield-general-hospital-cardiac-rehabilitati-1851.aspx>

Clarendon Health System (Cardiac Rehabilitation)

10 Hospital St

Manning, SC 29102

Phone: (803) 495-5203

<http://www.clarendonhealth.com/services/cardiac-rehabilitation>

Conway Medical Center Cardiac Rehab

300 Singleton Ridge Road

Conway, SC 29526

Phone: (843) 347-8153

<http://conwaymedicalcenter.com/Services/CardiacRehabilitation.aspx>

Coastal Carolina Hospital Cardiac Rehab

1000 Medical Center Dr

Hardeeville, SC 29927

Phone: (843) 784-8000

<http://coastalhospital.staywellsolutionsonline.com/RelatedItems/1,1014>

Fairfield Memorial Hospital Cardiac Rehab

102 US Hwy 321 Bypass-North

Winnsboro, SC 29180

Phone: (803)-635-0261

<http://www.fairfieldmemorial.com/cardiac-rehabilitation.html>**Georgetown Memorial Hospital (Cardiac Rehabilitation)**

606 Black River Rd

Georgetown, SC 29440

Phone: (843) 527-7419

<http://www.georgetownhospitalssystem.org/wtn/Page.asp?PageID=WTN000002>**GHS: Laurens County Memorial Hospital (Heart Care)**

22725 Hwy 76 East PO Drawer 976

Clinton, SC 29325

Phone: (864) 938-2844

<http://www.ghs.org/laurens>**Grand Strand Regional Medical Center (GSRMC Cardiac / Pulmonary Rehabilitation Department)**809 82nd Parkway

Myrtle Beach, SC 29572

Phone: (843) 692-1890

<http://grandstrandmed.com/about/south-strand-medical-center.dot>**Greenville Memorial (HeartLife)**

875 West Faris Rd

Greenville, SC 29605

Phone: (864) 455-4755

<http://www.ghs.org/heartlife>**Greenville Memorial Medical Center (Pulmonary Rehabilitation)**

701 Grove Rd

Greenville, SC 29605

Phone: (864) 455-5924

<http://www.ghs.org/pulmonaryrehabilitation>**Greer Memorial (Greer HeartLife)**

315 Medical Parkway Suite 250

Greer, SC 29650

Phone: (864) 455-5755

<http://www.ghs.org/heartlife>**Greer Memorial Hospital (Greer Pulmonary Rehabilitation)**

315 Medical Parkway, Suite 250

Greer, SC 29650

Phone: (864) 797-9844

<http://www.ghs.org/pulmonaryrehabilitation>**Hillcrest Medical Campus (Hillcrest Memorial Hospital Pulmonary Disease Management and Rehabilitation)**

741 SE Main St

Simpsonville, SC 29681

Phone: (864) 454-6182

<http://www.ghs.org/hillcrest>**Hilton Head Hospital (Hilton Head Hospital Cardiac Rehabilitation)**

25 Hospital Center Blvd.

Hilton Head Island, SC 29926

Phone: (843) 682-7367

<http://www.hiltonheadregional.com/en-us/ourservices/medicalservices/pages/cardiapulmonaryrehabilitation.aspx>**Kershaw Health (Kershaw Health Cardiac Rehab)**

1315 Riberts ST

Camden, SC 29020

Phone: (803) 713-6148

<http://www.kershawhealth.org/services/cardiacehabilitation.aspx>**Lake City Community Hospital Cardiac Rehab**

258 N. Ron McNair Blvd.

Lake City, SC 29560

Phone: (843) 374-6181

<http://www.lcchospital.org/CardiacRehab.htm>**Laurens County Health Care System Cardiac Rehab**

22725 Highway 76 E

Clinton, SC 29325

Phone: (864) 938-1803

<http://www.ghs.org/laurens>

**Lexington Medical Center – West Columbia
(Cardiac Rehabilitation)**
2720 Sunset Blvd.
West Columbia, SC 29169
Phone: (803) 936-8934
<http://www.lexmed.com/medical-services/heart-center/cardiac-rehab.aspx>

**Lexington Medical Center – Lexington
Cardiovascular Rehabilitation**
811 W Main St Suite 212
Lexington, SC 29072
Phone: (803) 358-6181
<http://www.lexmed.com/medical-services/heart-center/cardiac-rehab.aspx>

**Marion County Medical Center Cardiac
Rehab**
2829 E Highway 76
Mullins, SC 29574
Phone: (843) 431-2000

**Medical University of South Carolina
Cardiac Rehab**
171 Ashley Ave
Charleston, SC 29403
Phone: (843) 792-1414
<http://www.muschealth.com/gs/healthtopic.aspx?action=showTopic&pageid=P00202>

**Newberry County Memorial Hospital
(Cardiac Rehab)**
2605 Kinard St Suite 100
Newberry, SC 29108
Phone: (803) 405-7484
<https://www.newberryhospital.org/services/cardiac-pulmonary-rehabilitation>

**Oconee Medical Center (Cardiac
Rehabilitation Program)**
298 Memorial Dr
Seneca, SC 29672
Phone: (864) 885-7654
http://www.oconeemed.org/services/search_or_services/cardiology.aspx

Palmetto Health Richland Cardiac Rehab
14 Medical Park, Suite 100
Columbia, SC 29203
Phone: (803) 434-6966
http://www.palmettohealth.org/heartbody_nolinks_cr.cfm?id=3870

Palmetto Health Baptist Easley
200 Fleetwood Dr
Easley, SC 29640
Phone: (864) 442 7713

**Piedmont Medical Center (Piedmont
Medical Center Cardiac Rehabilitation)**
222 S Herlong Ave
Rock Hill, SC 29732
Phone: (803) 985-4651
<http://www.piedmontmedicalcenter.com/en-us/aboutus/hospitalnews/pressreleases/pages/cardiocrehabilitationprogram.aspx>

**Providence Hospital (Cardiopulmonary
Rehabilitation)**
2435 Forest Dr
Columbia, SC 29204
Phone: (803) 253-7575
<https://www.stjohnprovidence.org/Providence/Specialties/Heart-OLD-HRehabilitation/>

**Regional Medical Center (RMC's Center for
Cardiopulmonary Rehabilitation)**
2000 St Matthews Rd
Orangeburg, SC 29118
Phone: (803) 395-2887
<http://www.trmchealth.org/rmc.nsf/View/CardiopulmonaryRehabilitation>

Roper St Francis Cardiac Rehab
316 Calhoun St
Charleston, SC 29401
Phone: (843) 402-2273
https://www.rsfh.com/HomePage/Departments_and_Services/Centers_of_Excellence/Heart_and_Vascular_Center/Cardiac_Rehab/Cardiac_Rehabilitation.aspx

Self Regional Medical Center (Cardiac and Pulmonary Rehabilitation Program)

1325 Spring St
Greenwood, SC 29646
Phone: (864) 725-4730
http://www.selfregional.org/services/rehabilitation_services.asp

South Strand Regional Medical Center Cardiac Rehab

5050 Highway 17 Bypass
Myrtle Beach, SC
Phone: (843) 839-1000
<http://grandstrandmed.com/about/south-strand-medical-center.dot>

Spartanburg Regional Hospital (Cardiac and Pulmonary Rehab)

299 E Pearl St
Spartanburg, SC 29303
Phone: (864) 560-4234

Summerville Medical Center Cardiac Rehab

295 Midland Parkway
Summerville, SC 29485
Phone: (843) 832-5000
<http://tridenthealthsystem.com/about/summerville-medical-center/>

Tuomey Health Care System Cardiac Rehab

129 N. Washington Street
Sumter, SC 29150
Phone: (803) 774-5201
<http://www.tuomey.com/departments/rehabilitation.aspx>

USC Lancaster (University of South Carolina John Morrison White Clinic)

PO Box 889
Lancaster, SC 29721
Phone: (803) 313-7104
<http://www.lancaster.sc.edu/jmwhite/index.html>

VIRGINIA

Augusta Health (Cardiac Rehabilitation)

78 Medical Center Dr
PO Box 1000
Fishersville, VA 22939
Phone: (540) 332-4719

<http://www.augustahealth.com/heart-and-vascular/cardiac-rehabilitation>

Bon Secours Memorial Regional Medical Center (MRMC Cardiopulmonary Rehabilitation)

8260 Atlee Road MOB1 Suite 108
Mechanicsville, VA 23116
Phone: (804) 764-7675

<http://richmond.bonsecours.com/our-services-heart-and-vascular-wellness-and-rehabilitation-rehabilitation.html>

Bon Secours St. Mary's Hospital (Cardiac Wellness Center)

7001 Forest Ave. Ste. 101
Richmond, VA 23230
Phone: (804) 287-7282

<http://richmond.bonsecours.com/our-services-heart-and-vascular-wellness-and-rehabilitation-cardiac-wellness-center.html>

Carilion Franklin Memorial Hospital (Cardiac Rehabilitation)

180 Floyd Ave.
Rocky Mount, VA 24151
Phone: (540) 489-6531

<http://www.carilionclinic.org/heart/cardiac-rehabilitation>

Carilion Roanoke Memorial Hospital (Cardiac Rehabilitation Program)

127 McClanahan St., Suite 202
Roanoke, VA 24014
Phone: (540) 981-7619

<http://www.carilionclinic.org/heart/cardiac-rehabilitation>

Carilion Stonewall Jackson Hospital (Cardiac Rehabilitation Program)

1 Health Circle
Lexington, VA 24450
Phone: (540) 458-3221

<http://www.carilionclinic.org/heart/cardiac-rehabilitation>

Chesapeake Regional Medical Center (Cardiac & Pulmonary Rehabilitation)

800 Battlefield Blvd., North
Chesapeake, VA 23320
Phone: (757) 312-6132

<http://www.chesapeakeregional.com/cardiac-rehabilitation-2>

CJW Medical Center (Chippenham Cardiac Rehabilitation)

7101 Jahnke Rd.
Richmond, VA 23225
Phone: (804) 327-4058

<http://www.cjw.vascularomain.com/handler.cfm?event=practice,resource,main&nid=1422>

Community Memorial Healthcenter (Community Memorial Health Center Cardiac Rehab)

PO Box 90
125 Buena Vista Circle
South Hill, VA 23970
Phone: (434) 447-3151 ext. 3218

<http://www.cmh-sh.org/content/rehabandcenter.htm>

Fairfax Hospital Cardiac Rehabilitation @ the Inova Heart and Vascular Institute (Fairfax Hospital Cardiac Rehabilitation)

3300 Gallow Road
Falls Church, VA 22042
Phone: (703) 776-6691

<http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program>

Visit <http://cardiorehab.weebly.com> for more information

Halifax Regional Hospital (Cardiac & Pulmonary Rehabilitation Center)
2204 Wilborn Avenue
South Boston, VA 24592
Phone: (434) 517-3846
<http://www.hrhs.org/servicesCardiovascular.aspx>

HealthSouth Rehabilitation Hospital of Virginia (Pulmonary Rehabilitation)
5700 Fitzhugh AVE
Richmond, VA 23226
Phone: (804) 673-4410
<http://www.healthsouthrichmond.com/en/hospital-programs/rehabilitation-programs/pulmonary-disease>

Henrico Doctors' Hospital (Pulmonary & Cardiac Rehab)
1602 Skipwith Road
Richmond, VA 23229
Phone: (804) 289-4602
<http://hcavirginia.com/service/cardiac-rehabilitation-support>

Inova Alexandria Hospital (Ralph and Sara Lee Siegel Cardiac & Pulmonary Rehabilitation Program)
4320 Seminary Road
Alexandria, VA 22304
Phone: (703) 504-3670
<http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program>

Inova Fairfax Hospital Pulmonary Rehabilitation Program (Pulmonary Rehabilitation)
3300 Gallows Rd
Falls Church, VA 22042-3300
Phone: (703) 776-3070
<http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program>

Johnston Memorial Hospital (Cardiopulmonary Rehabilitation)
351 Court Street NE
Abingdon, VA 24609
Phone: (276) 258-2760
<https://www.johnstonhealth.org/patient/cpr.html>

Lewis Gale Medical Center (Cardiac Rehabilitation & Wellness)
1900 Electric Road
Salem, VA 24153
Phone: (540) 776-4431
<http://lewisgale.com/service/heart-and-vascular>

Lynchburg General Hospital (Cardiac & Pulmonary Rehabilitation)
2410 Atherholt Road
Lynchburg, VA 24501
Phone: (434) 947-4540
<http://cardiology.centrahealth.com/services/cardiac-rehabilitation-services>

Martha Jefferson Hospital (Cardiac & Pulmonary Rehabilitation)
595 Peter Jefferson Parkway, Suite 280
Charlottesville, VA 22911
Phone: (434) 654-4510
<http://www.mjhcadiology.org/cardiology/CardiacRehab.aspx>

Mary Washington Hospital (Cardiac & Pulmonary Rehabilitation)
1201 Sam Perry Blvd Suite 240, ASC
Fredericksburg, VA 22401
Phone: (540) 741-1348
<http://www.marywashingtonhealthcare.com/mwhc-vhvi/tests-and-treatment/cardiopulmonary-health-a-fitness/overview>

Prince William Hospital (Cardiac Rehabilitation)

8700 Sudley Rd
Manassas, VA 20110
Phone: (703) 369-8474

<http://www.novanhealth.org/prince-william-medical-center/services/rehabilitation.aspx>

Riverside Regional Medical Center (Cardiac Rehabilitation)

500 J Clyde Morris Blvd
Newport News, VA 23601
Phone: (757) 594-2837

<http://www.riversideonline.com/services/heart/cardiatic-rehabilitation.cfm>

Riverside Walter Reed Hospital (Cardiac Rehab)

7519 Hospital Dr.,
Gloucester, VA 23061
Phone: (804) 693-8884

<http://www.riversideonline.com/services/heart/cardiatic-rehabilitation.cfm>

Sentara CarePlex Hospital (Cardiac Rehab)

4000 Coliseum Dr. Suite 120
Hampton, VA 23666
Phone: (757) 827-2078

<http://www.sentara.com/Services/Cardiac/Pages/CarePlex-Cardiac.aspx>

Sentara Northern Virginia Medical Center (Cardiac & Pulmonary Rehabilitation)

2300 Opitz Blvd
Woodbridge, VA 22191
Phone: (703) 523-1280

<http://www.sentara.com/Northern-Virginia/medical-services/Heart-and-Vascular-Center/Pages/Cardiac-Vascular-Services.aspx>

Sentara Rockingham Memorial Hospital (Cardiac & Pulmonary Rehabilitation)

2010 Health Campus Dr.
Harrisonburg, VA 22801
Phone: (540) 689-1839

<http://www.rmheartandvascular.com/HeartandVascularCenter/HVCRehabilitation.aspx>

Sentara Virginia Beach General Hospital Center for Cardiac Health and Wellness

1708 Old Donation Parkway
Virginia Beach, VA 23454
Phone: (757) 395-8010

http://www.sentara.com/Services/Cardiac/Pages/beach_heart.aspx

Sentara Williamsburg Regional Medical Center (CARES)

100 Sentara Circle
Williamsburg, VA 23188
Phone: (757) 259-6385

<http://www.sentara.com/HospitalsFacilities/Hospitals/Williamsburg/Pages/CARES.aspx>

Smyth County Community Hospital (Cardiac & Pulmonary Rehab)

565 Radio Hill Road PO Box 880
Marion, VA 24354
Phone: (276) 679-2969

https://www.msha.com/services/cardiovascular_services/cardiatic_rehab.aspx

UVA Cardiovascular Rehabilitation and Wellness (Cardiovascular Rehabilitation and Wellness)

2955 Ivy Rd Suite 105
Charlottesville, VA 22908
Phone: (434) 243-4680

<http://uvahealth.com/directions-locations/clinics/cardiovascular-rehabilitation-and-wellness>

Virginia Hospital Center (Cardiac & Pulmonary Rehabilitation Program)

1701 N. George Mason Drive

Arlington, VA 22205

Phone: (703) 558-6271

<http://www.virginiahospitalcenter.com/medical/cardiology/treatments/rehabilitation.aspx>

**Winchester Medical Center
(Cardiopulmonary Rehabilitation)**

1870 Amherst Street MOB Suite 3 - F

Winchester, VA 22601

Phone: (540) 536-8188

<http://www.valleyhealthlink.com/c&prehab>