Cardiac Rehabilitation

The time to go home has finally arrived! However, this is only the beginning of your recovery and you have been recommended to begin Cardiac Rehabilitation. Here is what you need to know!

**WHO goes to cardiac rehabilitation?**
Anyone who has recently experienced any heart related medical condition. This includes having a heart attack, symptoms of heart failure, or recent surgery.

**WHAT does that mean?**
That’s right, cardiac rehab involves exercise and activity! Cardiac rehab centers are clinics you can go to for about an hour to exercise and challenge your cardiovascular system. Each facility is different, but they will likely have exercise equipment such as bicycles, arm bicycles, treadmills, an elliptical, and a NuStep. All of these will get your heart pumping and your body moving! There will be other people like yourself recovering from heart conditions that want to live healthier lifestyles and understand the process you are going through. Depending on the facility, there may even be group exercise classes so everybody can participate and have fun together!

**WHEN should I begin?**
You should begin rehab as soon as your doctor tells you to. Listen to your medical team and follow their instructions for how long you should be in cardiac rehab and when you can continue your exercise program on your own.

**WHY should I go to cardiac rehab and not just a gym?**
Cardiac Rehab is unique because you are monitored to be sure you are safe. Furthermore, a licensed medical team will work with you one on one and create an individual, specialized program just for you! These professionals are trained to analyze how the body moves and how to maximize your daily function. Their job is to monitor your heart as you exercise and make you feel safe as you challenge yourself!

**WHERE will I go?**
That’s what this packet is for! See attached lists for the facilities available near you! Choose one that is easy for you to access and is supported by your insurance! You can also find this information and more on the web at [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com)

So GET UP, GET OUT, AND GET MOVING!

Visit [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com) for more information
CARDIAC & PULMONARY REHABILITATION
NORTH CAROLINA

Ashe Memorial Hospital Mountain Hearts
220 Hospital Drive
Jefferson, NC 28640
Phone: (336) 846-0744

Albemarle Hospital Cardiopulmonary Rehabilitation Program
1144 North Road Street
Elizabeth City, NC 27906-1587
Phone: (252) 331-4450
http://www.albemarlehealth.org/services/cardiology-heart/cardio pulmonary-rehabilitation/

Angel Medical Center Cardiopulmonary Rehab. Program
PO Box 1209
120 Riverview Street
Franklin, NC 28734
Phone: (828) 369-4232
http://www.angelmed.org/amc-services/cardiacpulmonary-rehab

Annie Penn Hospital CRP
618 S. Main Street
Reidsville, NC 27320
Phone: (336) 951-4837
http://www.conehealth.com/services/cardiac-pulmonary-rehabilitation/

Appalachian Cardiopulmonary Rehabilitation Program
232 Boone Heights Drive
Boone, NC 28607
Phone: (828) 268-9054
https://apprhs.org/cardiopulmonary/cardiopulmonaryrehab

Betsy Johnson Regional Hospital Cardiac Rehab. Program
800 Tilghman Drive
Dunn, NC 28335
Phone: (910) 892-1000 ext. 4609
http://www.wakemed.org/landing.cfm?id=360

Brunswick Community Hospital CRP
10 Doctor’s Circle
Supply, NC 28462
Phone: (919) 721-3150

Carolina Medical Center- Pineville Cardiac Rehab
10650 Park Road Suite 480
Charlotte, NC 28210
Phone: (704) 667-6010
http://www.carolinashealthcare.org/cmc-pineville-pulmonary-rehabilitation

Cannon Memorial Hospital Cardiopulmonary Rehabilitation Program
434 Hospital Drive
Linville, NC 28646
Phone: (828) 737-7069
https://www.apprhs.org/services/cardiopulmonary/cardiac-a-pulmonary-rehab

Cape Fear Valley Health System Cardiac Rehabilitation
1638 Owen Drive
Fayetteville, NC 28304
Phone: (910) 615-6580
http://www.capefearvalley.com/heart/cardiac_rehab.html

Cape Fear Valley- Bladen Cardiac Rehabilitation
501 South Poplar Drive
Elizabethtown, NC 28337
Phone: (910) 862-5179
http://www.capefearvalley.com/bladen/rehab.html

Cardiac Rehab Program of the Coastal Heart Center
2131 South 17th Street
Wilmington, NC 28401
Phone: (910) 343-7127
http://www.nhrmc.org/body.cfm?id=368

Visit http://cardiorehab.weebly.com for more information
Visit [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com) for more information.
Cleveland Regional Medical Center Cardiac Rehab Program  
201 East Grover Street  
Shelby, NC 28150  
Phone: (980) 487-3697  
http://www.clevelandregional.org/services/heart /

FirstHealth of the Carolinas Cardiac Rehabilitation (Richmond)  
120 Richmond Drive  
Rockingham, NC 28372  
Phone: (910) 410-9542  
http://www.firsthealth.org/Specialties%20&%20Services/Cardiac%20Rehab/

Davis Regional Medical Center Cardiac Rehabilitation  
218 Old Mocksville Road  
Statesville, NC 28687  
Phone: (704) 838-7620  
http://www.davisregional.com/medical-services/heart-and-vascular-rehabilitation

Forsyth Medical Center- Cardiac Rehab  
3333 Silas Creek Parkway  
Winston-Salem, NC 27103  
Phone: (336) 718-5748  
http://www.novanthealth.org/forsyth-medical-center/services/rehabilitation.aspx

Dosher Memorial Hospital  
924 N. Howe Street  
Southport, NC 28461  
Phone: (910) 457-3871  
http://www.dosher.org/getpage.php?name=cardiac_rehab

Frye Cardiopulmonary Rehabilitation Program  
420 North Center Street  
Hickory, NC 28601  
Phone: (828) 315-3563  

Duke Cardiopulmonary Rehabilitation  
1821 Hillandale Road  
Durham, NC 27705  
Phone: (919) 660-6724  
http://www.dukehealth.org/locations/duke-cardiopulmonary-rehabilitation-at-croasdaile

HealthQuest Johnston Memorial Hospital Cardiopulmonary Rehab Program  
Johnston Medical Mall  
514 North Bright Leaf Blvd.  
Smithfield, NC 27577  
Phone: (919) 938-7127 or (919) 938-7581  
https://www.johnstonhealth.org/patient/cpr.html

Duke Health Raleigh Hospital Cardiac Rehab & Wellness  
3301 Executive Drive  
Raleigh, NC 27609  
Phone: (919) 954-3174  
http://www.dukeraleighhospital.org/healthservices/wellness-services/programs/cardiac-rehabilitation

HealthSteps- East Carolina Health- Chowan  
PO Box 629  
Edenton, NC 27932  
Phone: (252) 482-8451

Duke Health Raleigh Hospital Cardiac Rehab & Wellness  
3301 Executive Drive  
Raleigh, NC 27609  
Phone: (919) 954-3174  
http://www.dukeraleighhospital.org/healthservices/wellness-services/programs/cardiac-rehabilitation

HealthTracks- Highlands-Cashiers Hospital  
190 Hospital Drive  
Highlands, NC 28741  
Phone: (828) 526-1469  
http://www.highlandscashiershospital.org/inside/wellness_programs/cardiac_rehab.htm

FirstHealth of the Carolinas-Cardiac Rehabilitation (Pinehurst)  
170 Memorial Drive  
Pinehurst, NC 28374  
Phone: (910) 715-1886  
http://www.firsthealth.org/Specialties%20&%20Services/Cardiac%20Rehab/

Healthy Living Cardiac Rehabilitation-Onslow Memorial Hospital  
PO Box 1358  
Jacksonville, NC 28541  
Phone: (910) 577-2943  
http://www.onslow.org/services/cardiology-cardiac-rehab

Visit http://cardiorehab.weebly.com for more information
Heart Care Cardiac Rehabilitation Program - Rowan Regional Medical Center
612 Mocksville Ave.
Salisbury, NC 28144
Phone: (704) 210-5412
http://www.novanthealth.org/rowan-medical-center/services/rehabilitation.aspx

HeartStrides Cardiac Rehabilitation Program
High Point, NC 27261
Phone: (336) 878-6914
http://www.highpointregional.com/our_services/the_fitness_center_at_high_point_regional/heart_strides_cardiac_rehabilitation.aspx

Heart Path Cardiac Rehabilitation Program - Mission Hospital
509 Biltmore Ave.
Asheville, NC 28801
Phone: (828) 213-7000
http://heart.mission-health.org/heart-programs/heart-path-rehabilitation

Hugh Chatham Memorial Hospital Cardiac Rehab Program
Elkin, NC 28621
Phone: (336) 527-7523
http://www.hughchatham.org/services-rehabilitation-cardiac.aspx

Heart Path at Blue Ridge Regional Hospital
125 Hospital Drive
Spruce Pine, NC 28777
Phone: (828) 766-1590
http://www.blueridgehospital.org/medical-specialties-services/hospital-services/heart-services

Iredell Memorial Hospital Cardiac Rehabilitation Program
739 Hartness Road
Statesville, NC 28687
Phone: (704) 878-4558
http://www.iredellmemorial.org/Main/CardiacRehab2.aspx

HeartTrack Cardiac Rehabilitation Program - Alamance Regional Medical Center
1240 Huffman Mill Road
Burlington, NC 27215
Phone: (336) 538-8470
http://www.armc.com/armc-main/services/heart-and-vascular/cardiac-rehabilitation/

Lenoir Memorial Hospital Cardiac Rehabilitation Program
Kinston, NC 28503
Phone: (252) 522-7009
http://lenoirmemorial.org/index.php/minges_wellness_center/cardiac_rehab/

Heart Wise - Maria Parham Medical Center
566 Ruin Creek Road
Henderson, NC 27536
Phone: (252) 436-1570
http://www.mariaparham.com/services/cardiac_rehabilitation/heart_wise.aspx

Lexington Memorial Hospital
250 Hospital Drive
Lexington, NC 28503
Phone: (336) 238-4291
http://lexington.wakehealth.edu/Cardiac-Rehabilitation.htm

Lifespan Cardiac Rehabilitation
75 Leroy George Drive
Clyde, NC 28721
Phone: (828) 456-8060

Making Tracks Cardiac Rehabilitation Program
615 Ridge Road
Roxboro, NC 27573
Phone: (336) 503-5723
http://www.personhospital.com/services/rehabilitation.aspx

Visit http://cardiorehab.weebly.com for more information
Moses Cone Cardiac Rehabilitation Program  
1200 N. Elm Street  
Greensboro, NC 27401  
Phone: (336) 832-7700  

Murphy Medical Center Cardiac and Pulmonary Rehab  
3990 East US Hwy 64 Alt  
Murphy, NC 28906  
Phone: (828) 835-7615  
[https://www.murphymeomedical.org/services/cardiac_rehabilitation.aspx](https://www.murphymeomedical.org/services/cardiac_rehabilitation.aspx)

Nash Hospitals, Inc.  
1051 Noell Lane  
Rocky Mount, NC 27804  
Phone: (252) 962-3468  
[Cardiac Rehab PDF](#)

Novant Health Wellness Center at Matthews  
1500 Matthews Township Parkway  
Matthews, NC 28105  
Phone: (704) 316-3990  

Park Ridge Health  
100 Hospital Drive  
Hendersonville, NC 28792  
Phone: (828) 681-2713  
[http://www.parkridgehealth.org/cardiology/services/rehabilitation](http://www.parkridgehealth.org/cardiology/services/rehabilitation)

Presbyterian Hospital Cardiopulmonary Rehab  
125 Baldwin Ave.  
Charlotte, NC 28204  
Phone: (704) 384-2273 or (704) 316-3709  

Randolph Hospital Cardiopulmonary Rehabilitation  
364 White Oak Street  
Asheboro, NC 27203  
Phone: (336) 633-7752  
[http://www.randolphhospital.org/svc_cardiac_rehab.htm](http://www.randolphhospital.org/svc_cardiac_rehab.htm)

Rex Cardiac Rehabilitation  
4420 Lake Boone Trail  
Raleigh, NC 27607  
Phone: (919) 784-3756  
[http://www.rexhealth.com/cardiac-rehabilitation](http://www.rexhealth.com/cardiac-rehabilitation)

Rex Cardiac Rehabilitation  
1515 S.W. Cary Parkway  
Cary, NC 27511  
Phone: (919) 387-0080  
[http://www.rexhealth.com/cardiac-rehabilitation](http://www.rexhealth.com/cardiac-rehabilitation)

Sampson Regional Medical Center Cardiac Rehabilitation  
417 Vance Street  
Clinton, NC 28328  
Phone: (910) 596-4248  
[http://www.sampsonrmc.org/services/cardiac_rehab.aspx](http://www.sampsonrmc.org/services/cardiac_rehab.aspx)

Scotland Memorial Hospital Cardiac Rehabilitation Program  
500 Lauchwood Drive  
Laurinburg, NC 28352  
Phone: (910) 291-7409  

Southeastern Cardiopulmonary Rehabilitation  
4895 Fayetteville Road  
Lumberton, NC 28358  
Phone: (910) 738-5403  

Stanly Regional Medical Center Cardiac Rehabilitation Program  
301 Yadkin Street  
Albemarle, NC 28001  
Phone: (704) 984-4586  
[https://www.stanly.org/services/cardiac-pulmonary-rehabilitation.aspx](https://www.stanly.org/services/cardiac-pulmonary-rehabilitation.aspx)

The McDowell Hospital Cardiac Rehabilitation Program  
PO Box 730  
Marion, NC 28752  
Phone: (828) 659-5401  
[http://www.mcdowellhospital.org/our-services/cardiac-rehabilitation](http://www.mcdowellhospital.org/our-services/cardiac-rehabilitation)

Visit [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com) for more information
Thomasville Medical Center Cardiac Rehabilitation
207 Old Lexington Road
Thomasville, NC 27360
Phone: (336) 476-2539
http://www.novanthealth.org/thomasville-medical-center/services/rehabilitation.aspx

Transylvania Regional Hospital Cardiac Rehab
PO Box 1116
Brevard, NC 28712
Phone: (828) 883-5322
http://www.trhospital.org/services/rehabilitation-services

UNC Hospitals Cardiac Rehabilitation
100 Sprunt Street
Chapel Hill, NC 27517
Phone: (919) 843-2158
http://uncwellness.com/services/cardiacrehab/

Valdese General Hospital Heart to Heart Cardiac Rehab Program
PO Box 700
Valdese, NC 28690
Phone: (828) 879-7528

Vidant Edgecombe Hospital
111 Hospital Drive
Tarboro, NC 27886
Phone: (252) 641-7700

Wake Forest University Baptist Medical Center
Medical Center Blvd.
Winston-Salem, NC 27157
Phone: (336) 713-8855

WakeMed Cardiac Rehabilitation Program
3000 New Bern Ave.
Raleigh, NC 27610
Phone: (919) 350-8602
http://www.wakemed.org/landing.cfm?id=360

WakeMed Cary Hospital Cardiac Rehabilitation Program
1900 Kildaire Farm Road
Cary, NC 27518
Phone: (919) 350-1875
https://www.wakemed.org/landing.cfm?id=1235

Wayne Memorial Hospital, Inc. Cardiac Rehabilitation
PO Box 8001
Goldsboro, NC 27533
Phone: (919) 731-6304
http://www.waynehealth.org/our-services/departments-and-services/cardiopulmonary/

WestCare Cardiac Rehabilitation Program
68 Hospital Road
Sylva, NC 28779
Phone: (828) 586-7645

Wilson Medical Center Cardiopulmonary Rehabilitation
1705 Tarboro Street, SW
Wilson, NC 27893
Phone: (252) 399-8448
http://www.wilmed.org/cardio.asp

Visit http://cardiorehab.weebly.com for more information
SOUTH CAROLINA

Aiken Cardiac Rehabilitation Program
471 University Parkway
Aiken, SC 29801
Phone: (803) 641-3667
http://web.usca.edu/dotAsset/c7be75b1-f614-4f3d-a781-df1dc12b1849.pdf

AnMed Health (AnMed Health Pulmonary Rehabilitation)
2000 East Greenville St Suite 3900
Anderson, SC 29621
Phone: (864) 512-6626
http://www.anmedhealth.org/services/additional-services/pulmonary-and-sleep-medicine/pulmonary-rehabilitation.aspx

Beaufort Memorial Hospital (Lifefit Cardiac and Pulmonary Rehabilitation Program)
989 Ribaut Rd
Beaufort, SC 29907.
Phone: (843) 522-7639
https://www.bmhsc.org/Services/Physical-Therapy-Rehabilitation-Services/Cardiac-Rehabilitation/Default.aspx

Bon Secours St Francis Health System (Heartly Self Cardiac Rehabilitation Program)
1 St Francis Dr
Greenville, SC
Phone: (864) 400-3657
http://stfrancishealth.org/our-services-heart-care-cardiac-rehabilitation.html

Bon Secours St Francis Health System (Cardiac Rehabilitation Program)
10 Hospital St
Manning, SC 29102
Phone: (803) 495-5203
http://www.clarendonhealth.com/services/cardiac-rehabilitation

Carolina Pines Regional Medical Center Cardiac Rehab
1304 W. Bobo Newsom Hwy.
Hartsville, SC 29550
Phone: (843) 339-2100

Chesterfield General Hospital Cardiac Rehab
711 Chesterfield Hwy
Cheraw, SC 29520
Phone: (843) 230-3378

Clarendon Health System (Cardiac Rehabilitation)
10 Hospital St
Manning, SC 29102
Phone: (803) 495-5203
http://www.clarendonhealth.com/services/cardiac-rehabilitation

Conway Medical Center Cardiac Rehab
300 Singleton Ridge Road
Conway, SC 29526
Phone: (843) 347-8153
http://conwaymedicalcenter.com/Services/CardiacRehabilitation.aspx

Coastal Carolina Hospital Cardiac Rehab
1000 Medical Center Dr
Hardeeville, SC 29927
Phone: (843) 784-8000
http://coastalhospital.staywellsolutionsonline.com/RelatedItems/1,1014

Visit http://cardiorehab.weebly.com for more information
Fairfield Memorial Hospital Cardiac Rehab
102 US Hwy 321 Bypass-North
Winnsboro, SC 29180
Phone: (803)-635-0261
http://www.fairfieldmemorial.com/cardiac-rehabilitation.html

Georgetown Memorial Hospital (Cardiac Rehabilitation)
606 Black River Rd
Georgetown, SC 29440
Phone: (843) 527-7419
http://www.georgetownhospitalsystem.org/wtn/Page.asp?PageID=WTN000002

GHS: Laurens County Memorial Hospital (Heart Care)
22725 Hwy 76 East PO Drawer 976
Clinton, SC 29325
Phone: (864) 938-2844
http://www.ghs.org/laurens

Grand Strand Regional Medical Center (GSRMC Cardiac / Pulmonary Rehabilitation Department)
809 82nd Parkway
Myrtle Beach, SC 29572
Phone: (843) 692-1890
http://grandstrandmed.com/about/south-strand-medical-center.dot

Greenville Memorial (HeartLife)
875 West Faris Rd
Greenville, SC 29605
Phone: (864) 455-4755
http://www.ghs.org/heartlife

Greenville Memorial Medical Center (Pulmonary Rehabilitation)
701 Grove Rd
Greenville, SC 29605
Phone: (864) 455-5924
http://www.ghs.org/pulmonaryrehabilitation

Greer Memorial (Greer HeartLife)
315 Medical Parkway Suite 250
Greer, SC 29650
Phone: (864) 455-5755
http://www.ghs.org/heartlife

Greer Memorial Hospital (Greer Pulmonary Rehabilitation)
315 Medical Parkway, Suite 250
Greer, SC 29650
Phone: (864) 797-9844
http://www.ghs.org/pulmonaryrehabilitation

Hillcrest Medical Campus (Hillcrest Memorial Hospital Pulmonary Disease Management and Rehabilitation)
741 SE Main St
Simpsonville, SC 29681
Phone: (864) 454-6182
http://www.ghs.org/hillcrest

Hilton Head Hospital (Hilton Head Hospital Cardiac Rehabilitation)
25 Hospital Center Blvd.
Hilton Head Island, SC 29926
Phone: (843) 682-7367

Kershaw Health (Kershaw Health Cardiac Rehab)
1315 Riberts ST
Camden, SC 29020
Phone: (803) 713-6148
http://www.kershawhealth.org/services/cardiacrehabilitation.aspx

Lake City Community Hospital Cardiac Rehab
258 N. Ron McNair Blvd.
Lake City, SC 29560
Phone: (843) 374-6181
http://www.lcchospital.org/CardiacRehab.htm

Laurens County Health Care System Cardiac Rehab
22725 Highway 76 E
Clinton, SC 29325
Phone: (864) 938-1803
http://www.ghs.org/laurens

Visit http://cardiorehab.weebly.com for more information
<table>
<thead>
<tr>
<th>Hospital Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website Link</th>
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<tbody>
<tr>
<td>Marion County Medical Center Cardiac Rehab</td>
<td>2829 E Highway 76 Mullins, SC 29574</td>
<td>(843) 431-2000</td>
<td></td>
</tr>
<tr>
<td>Newberry County Memorial Hospital (Cardiac Rehab)</td>
<td>2605 Kinard St Suite 100 Newberry, SC 29108</td>
<td>(803) 405-7484</td>
<td><a href="https://www.newberryhospital.org/services/cardiac-pulmonary-rehabilitation">https://www.newberryhospital.org/services/cardiac-pulmonary-rehabilitation</a></td>
</tr>
<tr>
<td>Oconee Medical Center (Cardiac Rehabilitation Program)</td>
<td>298 Memorial Dr Seneca, SC 29672</td>
<td>(864) 885-7654</td>
<td><a href="http://www.oconeemed.org/services/search_our_services/cardiology.aspx">http://www.oconeemed.org/services/search_our_services/cardiology.aspx</a></td>
</tr>
<tr>
<td>Palmetto Health Richland Cardiac Rehab</td>
<td>14 Medical Park, Suite 100 Columbia, SC 29203</td>
<td>(803) 434-6966</td>
<td><a href="http://www.palmettohealth.org/heartbody_nolinks_cr.cfm?id=3870">http://www.palmettohealth.org/heartbody_nolinks_cr.cfm?id=3870</a></td>
</tr>
<tr>
<td>Palmetto Health Baptist Easley</td>
<td>200 Fleetwood Dr Easley, SC 29640</td>
<td>(864) 442 7713</td>
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<tr>
<td>Providence Hospital (Cardiopulmonary Rehabilitation)</td>
<td>2435 Forest Dr Columbia, SC 29204</td>
<td>(803) 253-7575</td>
<td><a href="https://www.stjohnprovidence.org/Providence/Specialties/Heart-OLD-HRehabilitation/">https://www.stjohnprovidence.org/Providence/Specialties/Heart-OLD-HRehabilitation/</a></td>
</tr>
<tr>
<td>Regional Medical Center (RMC’s Center for Cardiopulmonary Rehabilitation)</td>
<td>2000 St Matthews Rd Orangeburg, SC 29118</td>
<td>(803) 395-2887</td>
<td><a href="http://www.trmchealth.org/rmc.nsf/View/CardiopulmonaryRehabilitation">http://www.trmchealth.org/rmc.nsf/View/CardiopulmonaryRehabilitation</a></td>
</tr>
<tr>
<td>Roper St Francis Cardiac Rehab</td>
<td>316 Calhoun St Charleston, SC 29401</td>
<td>(843) 402-2273</td>
<td><a href="https://www.rsfh.com/HomePage/Departments_and_Services/Centers_of_Excellence/Heart_and_Vascular_Center/Cardiac_Rehab/Cardiac_Rehabilitation.aspx">https://www.rsfh.com/HomePage/Departments_and_Services/Centers_of_Excellence/Heart_and_Vascular_Center/Cardiac_Rehab/Cardiac_Rehabilitation.aspx</a></td>
</tr>
</tbody>
</table>

Visit [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com) for more information
Self Regional Medical Center (Cardiac and Pulmonary Rehabilitation Program)
1325 Spring St
Greenwood, SC 29646
Phone: (864) 725-4730
http://www.selfregional.org/services/rehabilitation_services.asp

South Strand Regional Medical Center
Cardiac Rehab
5050 Highway 17 Bypass
Myrtle Beach, SC
Phone: (843) 839-1000
http://grandstrandmed.com/about/south-strand-medical-center.dot

Spartanburg Regional Hospital (Cardiac and Pulmonary Rehab)
299 E Pearl St
Spartanburg, SC 29303
Phone: (864) 560-4234

Summerville Medical Center Cardiac Rehab
295 Midland Parkway
Summerville, SC 29485
Phone: (843) 832-5000
http://tridenthealthsystem.com/about/summerville-medical-center/

Tuomey Health Care System Cardiac Rehab
129 N. Washington Street
Sumter, SC 29150
Phone: (803) 774-5201

USC Lancaster (University of South Carolina John Morrison White Clinic)
PO Box 889
Lancaster, SC 29721
Phone: (803) 313-7104
http://www.lancaster.sc.edu/jmwhite/index.html

Visit http://cardiorehab.weebly.com for more information
**VIRGINIA**

**Augusta Health (Cardiac Rehabilitation)**  
78 Medical Center Dr  
PO Box 1000  
Fisherville, VA 22939  
Phone: (540) 332-4719  

**Bon Secours Memorial Regional Medical Center (MRMC Cardiopulmonary Rehabilitation)**  
8260 Atlee Road MOB1 Suite 108  
Mechanicsville, VA 23116  
Phone: (804) 764-7675  

**Bon Secours St. Mary’s Hospital (Cardiac Wellness Center)**  
7001 Forest Ave. Ste. 101  
Richmond, VA 23230  
Phone: (804) 287-7282  

**Carilion Franklin Memorial Hospital (Cardiac Rehabilitation)**  
180 Floyd Ave.  
Rocky Mount, VA 24151  
Phone: (540) 489-6531  
[http://www.carilionclinic.org/heart/cardiac-rehabilitation](http://www.carilionclinic.org/heart/cardiac-rehabilitation)

**Carilion Roanoke Memorial Hospital (Cardiac Rehabilitation Program)**  
127 McClanahan St., Suite 202  
Roanoke, VA 24014  
Phone: (540) 981-7619  
[http://www.carilionclinic.org/heart/cardiac-rehabilitation](http://www.carilionclinic.org/heart/cardiac-rehabilitation)

**Carilion Stonewall Jackson Hospital (Cardiac Rehabilitation Program)**  
1 Health Circle  
Lexington, VA 24450  
Phone: (540) 458-3221  
[http://www.carilionclinic.org/heart/cardiac-rehabilitation](http://www.carilionclinic.org/heart/cardiac-rehabilitation)

**Chesapeake Regional Medical Center (Cardiac & Pulmonary Rehabilitation)**  
800 Battlefield Blvd., North  
Chesapeake, VA 23320  
Phone: (757) 312-6132  
[http://www.chesapeakeregional.com/cardiac-rehabilitation-2](http://www.chesapeakeregional.com/cardiac-rehabilitation-2)

**CJW Medical Center (Chippenham Cardiac Rehabilitation)**  
7101 Jahnke Rd.  
Richmond, VA 23225  
Phone: (804) 327-4058  

**Community Memorial Healthcenter (Community Memorial Health Center Cardiac Rehab)**  
PO Box 90  
125 Buena Vista Circle  
South Hill, VA 23970  
Phone: (434) 447-3151 ext. 3218  
[http://www.cmhs.sh.org/content/rehabandcenter.htm](http://www.cmhs.sh.org/content/rehabandcenter.htm)

**Fairfax Hospital Cardiac Rehabilitation @ the Inova Heart and Vascular Institute (Fairfax Hospital Cardiac Rehabilitation)**  
3300 Gallow Road  
Falls Church, VA 22042  
Phone: (703) 776-6691  
[http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program](http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program)

Visit [http://cardiorehab.weebly.com](http://cardiorehab.weebly.com) for more information!
Halifax Regional Hospital (Cardiac & Pulmonary Rehabilitation Center)
2204 Wilborn Avenue
South Boston, VA 24592
Phone: (434) 517-3846
http://www.hrhs.org/servicesCardiovascular.aspx

HealthSouth Rehabilitation Hospital of Virginia (Pulmonary Rehabilitation)
5700 Fitzhugh AVE
Richmond, VA 23226
Phone: (804) 673-4410

Henrico Doctors’ Hospital (Pulmonary & Cardiac Rehab)
1602 Skipwith Road
Richmond, VA 23229
Phone: (804) 289-4602
http://hcavirginia.com/service/cardiac-rehabilitation-support

Inova Alexandria Hospital (Ralph and Sara Lee Siegel Cardiac & Pulmonary Rehabilitation Program)
4320 Seminary Road
Alexandria, VA 22304
Phone: (703) 504-3670
http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program

Inova Fairfax Hospital Pulmonary Rehabilitation Program (Pulmonary Rehabilitation)
3300 Gallows Rd
Falls Church, VA 22042-3300
Phone: (703) 776-3070
http://www.inovaheart.org/heart-care/cardiac-rehabilitation/rehab-program

Johnston Memorial Hospital
(Cardio-pulmonary Rehabilitation)
351 Court Street NE
Abingdon, VA 24609
Phone: (276) 258-2760
https://www.johnstonhealth.org/patient/cpr.html

Lewis Gale Medical Center (Cardiac Rehabilitation & Wellness)
1900 Electric Road
Salem, VA 24153
Phone: (540) 776-4431
http://lewissagle.com/service/heart-and-vascular

Lynchburg General Hospital (Cardiac & Pulmonary Rehabilitation)
2410 Atherholt Road
Lynchburg, VA 24501
Phone: (434) 947-4540
http://cardiology.centrachoice.com/services/cardiac-rehabilitation-services

Martha Jefferson Hospital (Cardiac & Pulmonary Rehabilitation)
595 Peter Jefferson Parkway, Suite 280
Charlottesville, VA 22911
Phone: (434) 654-4510
http://www.mjhcardiology.org/cardiology/CardiacRehab.aspx

Mary Washington Hospital (Cardiac & Pulmonary Rehabilitation)
1201 Sam Perry Blvd Suite 240, ASC
Fredericksburg, VA 22401
Phone: (540) 741-1348
http://www.marywashingtonhealthcare.com/mw hc-vhvi/tests-and-treatment/cardiopulmonary-health-a-fitness/overview

Visit http://cardiorehab.weebly.com for more information
Visit http://cardiorehab.weebly.com for more information
Virginia Hospital Center (Cardiac & Pulmonary Rehabilitation Program)
1701 N. George Mason Drive
Arlington, VA 22205
Phone: (703) 558-6271

Winchester Medical Center
(Cardio-pulmonary Rehabilitation)
1870 Amherst Street MOB Suite 3 - F
Winchester, VA 22601
Phone: (540) 536-8188
http://www.valleyhealthlink.com/c&prehab

Visit http://cardiorehab.weebly.com for more information